

St. Andrews Scots School

I.P. Extension, Patparganj, Delhi- 92

Session: 2025-2026

Class: II Sub: EVS

Lesson -2 Our Body

New Words

1. external
2. internal
3. stomach
4. kidney
5. bone
6. muscle
7. tongue
8. liver
9. brain
10. heart
11. organ
12. intestine
13. breathe
14. pump

Fill in the blanks-

1. Heart **pumps** the blood to all parts of the body.
2. Stomach helps us to **digest** the food.
3. Kidneys help us to remove the **waste** from our body.
4. Lungs help us to **breathe**.
5. Brain helps us to **think** and **work**.

Question and Answer

Q1 What are internal organs?

Ans. Organs that are present inside the body are called internal organs.

e.g. lungs , heart .

Q2 What are external organs ?

Ans. Organs that can be seen from outside are called external organs.

e.g. eyes , nose.

Q3 What helps us to move?

Ans Muscles and bones work together to make us move.